



# LIONHEART SIZE CHART

PLAY WITH  
HEART

## Sizing Chart (Chest)

	SY	MY	LY	XS	S	M	L	XL	2XL	3XL
Universal	22 - 24"	26 - 28"	30 - 32"	32 - 34"	34 - 36"	38 - 40"	42 - 44"	46 - 48"	50 - 52"	54 - 56"
Ladies	22 - 24"	26 - 28"	28 - 30"	30 - 32"	32 - 34"	34 - 36"	36 - 38"	38 - 40"	40 - 42"	42 - 44"

Please see the above general size guide for all Lionheart Garments. Please see below for specific garment sizing details.

### Universal

#### **Relaxed Cut**

Standard Fit Rugby Jerseys  
Tracksuits  
Summit Suits  
Fleece Hoodies  
Ventex Lite Golf Shirts

#### **Athletic Cut**

Match Fit Rugby Jerseys  
Soccer Jerseys  
Field Hockey Jerseys  
Slim Fit Hoodies  
Ventex Lite T-Shirts

#### **Skin Tight**

Pro Fit Rugby Jerseys  
Compression Gear

### Womens

#### **Athletic Cut**

Ladies Fit Rugby Jerseys  
Field Hockey Jerseys  
Ventex Lite T-Shirts  
Ventex Lite Golf Shirts

## Sizing Chart (Waist)

	SY	MY	LY	XS	S	M	L	XL	2XL	3XL
Universal	22 - 24"	24 - 26"	26 - 28"	30 - 32"	32 - 34"	34 - 36"	36 - 38"	38 - 40"	40 - 42"	42 - 44"
Ladies	18 - 20"	20 - 22"	22 - 24"	24 - 26"	26 - 28"	28 - 30"	30 - 32"	32 - 34"	34 - 36"	36 - 38"

Please see the above size chart for all Lionheart Shorts and Pants. The following garments are based on the above size chart.

### Universal

Rugby Shorts, Soccer Shorts, Field Hockey Shorts, Track Pants, Training Pants, Summit Pants, Mercury Shorts, Fleece Sweatpants,

### Ladies

Field Hockey Skirts, Field Hockey Skorts

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